



1
00:00:01,556 --> 00:00:01,636
>> Richard Mastracchio: Hi.

2
00:00:01,886 --> 00:00:04,286
I'm NASA astronaut
Rick Mastracchio.

3
00:00:05,626 --> 00:00:08,406
>> Michael Hopkins: And I'm
Mike Hopkins from Expedition 38

4
00:00:08,406 --> 00:00:09,856
on the International
Space Station.

5
00:00:10,406 --> 00:00:12,176
People often ask us
what it is like to be

6
00:00:12,176 --> 00:00:13,806
on board ISS for the holidays.

7
00:00:14,236 --> 00:00:16,596
Though we miss our families,
it's great to be in space.

8
00:00:16,876 --> 00:00:18,796
As astronauts, this
is what we train for,

9
00:00:18,796 --> 00:00:19,986
and this is where we want to be.

10
00:00:20,496 --> 00:00:22,036
Opportunities to fly
in space are rare.

11
00:00:22,036 --> 00:00:24,326
So we have to take advantage

of them whenever they occur.

12

00:00:25,916 --> 00:00:27,526

>> Richard Mastracchio: Like
Mike said, we are happy to be

13

00:00:27,526 --> 00:00:28,876

up here orbiting
above the Earth.

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00:00:29,226 --> 00:00:31,646

If we can't be at home with our
families during the holidays,

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00:00:31,646 --> 00:00:34,256

then this is the next best place
that any of us would like to be.

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00:00:34,716 --> 00:00:36,826

The six of us up here
are like a family,

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00:00:36,826 --> 00:00:38,476

and we enjoy many
meals together.

18

00:00:39,086 --> 00:00:41,766

Like most people in the US,
Thanksgiving means spending time

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00:00:41,766 --> 00:00:43,516

with my family and
enjoying a big meal.

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00:00:44,616 --> 00:00:45,456

>> Michael Hopkins:
And for my family,

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00:00:45,456 --> 00:00:47,116

we often travel during

Thanksgiving

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00:00:47,116 --> 00:00:49,436

because our relatives are spread out across the US.

23

00:00:49,526 --> 00:00:52,186

It gives us a chance to catch up with loved ones and relax.

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00:00:53,346 --> 00:00:55,126

>> Richard Mastracchio: And even though Thanksgiving is a work

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00:00:55,166 --> 00:00:56,456

day here on the Space Station,

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00:00:56,456 --> 00:00:59,166

we do plan on enjoying a big meal after our work is done.

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00:00:59,636 --> 00:01:01,546

Here are a few items we've planned to prepare.

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00:01:02,206 --> 00:01:05,086

We have turkey and stuffed bread dressing.

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00:01:06,626 --> 00:01:07,776

>> Michael Hopkins: Green bean casserole is one

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00:01:07,776 --> 00:01:10,306

of my favorites, but this is dehydrated, and we kind of have

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00:01:10,306 --> 00:01:11,726

to mix it together as we eat it.

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00:01:13,026 --> 00:01:13,566

>> Richard Mastracchio:

And, of course,

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00:01:13,566 --> 00:01:16,856

we got the dehydrated asparagus
and even some baked beans here.

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00:01:19,016 --> 00:01:22,206

>> Michael Hopkins: A few
potatoes as well as bread,

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00:01:22,206 --> 00:01:24,446

but all they have to do is
be heated up in the oven.

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00:01:24,876 --> 00:01:28,706

>> Richard Mastracchio: And,
of course, no good meal is done

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00:01:28,706 --> 00:01:31,926

without some drinks and
a fantastic dessert.

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00:01:33,056 --> 00:01:35,636

>> Michael Hopkins: So we're
all very grateful to be here,

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00:01:35,636 --> 00:01:36,996

and we are thankful
for the ground team

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00:01:36,996 --> 00:01:38,586

that supports us
during the holidays.

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00:01:39,556 --> 00:01:42,746

We are grateful to the men
and women in the military,

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00:01:42,746 --> 00:01:44,256

especially to those
who are also away

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00:01:44,256 --> 00:01:45,856

from their families
on deployment.

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00:01:47,656 --> 00:01:49,136

>> Richard Mastracchio: From
the International Space Station

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00:01:49,136 --> 00:01:51,126

orbiting 260 miles
above the Earth,